# Alpha Inositol + Test Results

Lot Details Serving Size Manufacturing Date Lot Number



## **HEAVY METALS**

### **Our Heavy Metal Test Specifications and Compliance Standards**

At FullWell, we prioritize transparency and safety by testing every product lot for heavy metals and sharing the results with our customers. To ensure the highest safety standards, we adhere to California's Proposition 65 (Prop 65) limits, which are among the most stringent globally. For example, Prop 65 sets the maximum allowable daily exposure (MADL) for lead at 0.5 micrograms, significantly lower than other standards worldwide. In our test results, we report heavy metal content in micrograms (mcg) per capsule and per daily serving to ensure clarity and alignment with Prop 65's Safe Harbor Levels and MADLs where applicable. For more information, visit our site.

TEST	MCG/STICK PACK	MCG/DAILY SERVING	PROP 65 TEST LIMITS
Arsenic	0.040 mcg/1 stick pack	0.080 mcg/daily serving of 2 stick packs	<10 mcg/daily serving
Cadmium	<0.007 mcg/1 stick pack	<0.014 mcg/daily serving of 2 stick packs	<4.1 mcg/daily serving
Lead	0.174 mcg/1 stick pack	0.348 mcg/daily serving of 2 stick packs	<0.5 mcg/daily serving
Mercury	<0.007 mcg/1 stick pack	<0.014 mcg/daily serving of 2 stick packs	<0.3 mcg/daily serving †
ALLERGENS			
TEST	RESULTS		LIMITS
Gluten	<5.0 ppm		<20.0 ppm
Soy	<0.04 ppm		< 10 ppm**
Egg	<1.0 ppm		< 10 ppm**

PAGE 1 OF 3 © 2025 FULLWELL LLC

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## **ALLERGENS**

TEST	RESULTS	LIMITS
Peanut	<1.0 ppm	< 10 ppm**
Walnut	<2.0 ppm	< 10 ppm**
Almond	<0.4 ppm	<10.0 ppm
Sesame	<2.0 ppm	< 10 ppm**
Fish	<4.0 ppm	< 10 ppm**
Tropomyosin from Crustaceans	<0.02 ppm	< 10 ppm**

# **MICROBES**

TEST	RESULTS	LIMITS
E. coli	Absent	Absent/10 g
Yeast & Mold	<100 CFU/g	<500 CFU/g
S. aureus	Absent	Absent
Salmonella	Absent	Absent
Total Plate Count	<100 CFU/g	<500 CFU/g

PAGE 2 OF 3 © 2025 FULLWELL LLC

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#### **ACTIVE INGREDIENTS**

TEST	RESULTS	LIMITS
Total Inositol	2207.18 mg	2000 mg
Alpha-lactalbumin	50 mg	50 mg
CoQ10 (Ubiquinone)	102 mg	100 mg

### **OTHER CONTAMINANTS**

TEST	RESULTS	LIMITS
Glyphosate	< 0.01 ppm	<0.1 ppm
вра	<0.002 ppm	<0.04 ppm

As a reproductive health company that makes products for women and their partners, including those who are trying to get pregnant, pregnant, postpartum and breastfeeding, we take an extremely conservative approach to safety by adopting and adhering to the most conservative standards that exist solely to protect the health and well-being of you, the consumer. We will never release a product that doesn't pass our strict specifications and quality control process. This ensures the highest level of safety and trust for our customers.

PAGE 3 OF 3 © 2025 FULLWELL LLC

<sup>\*</sup>We use third-party testing through Eurofins, and other fully qualified, ISO 17025 accredited laboratories, to verify these results and ensure accuracy. Results have been transcribed into an easy-to-understand format. If you would like to request a copy of the original Certificate of Analysis, please email cs@fullwellfertility.com.

<sup>†</sup> While Prop65 does not establish a MADL for mercury, many legal settlements within California have set precedence for a lower limit of 0.3mcg/day.